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## JANUARY 12, 2022



**Robert Saper, MD**

Yoga for Chronic Low Back Pain

## JUNE 8, 2022



**Chad Adams, DC**

Treating the Cervical Spine Safely

## FEBRUARY 9, 2022



**Lorenzo Cohen, PhD**

Integrative Oncology: An Evidence-based Approach to Improve Cancer Outcomes

## SEPTEMBER 7, 2022 \*NEW DATE



**Michael Roizen, MD**

The Five Keys to Staying Healthy and Young Enough to Benefit from the Science Coming – Longevity is the Next Disruptor

## MARCH 9, 2022



**Yufang Lin, MD**

An Integrative Medicine Approach to Long COVID Syndrome

## OCTOBER 12, 2022



**Ann Ming Yeh, MD**

Integrative Approach to Pediatric Functional Abdominal Pain and IBS

## APRIL 13, 2022



**Brent Bauer, MD**

Integrative Medicine and the Future of Wellness: A Personal Perspective from 20 years at Mayo Clinic

## NOVEMBER 9, 2022



**Sandra Darling, DO**

Cognitive Decline is Not Just About Aging. What Role Does Lifestyle Medicine Play in the Prevention and Reversal of the Process?

## MAY 11, 2022



**Anne Kennard, DO**

Integrative Management of Menstrual Disorders

## DECEMBER 14, 2022



**Tieraona Low Dog, MD**

Life is Your Best Medicine