



From Empty to Empowered - Navigating the Landscape of Burnout

Speaker: Kelly Williams, LMHC

Attend virtually: ccemployeewellness.com/wellness-connection-1

Wed., Feb. 18 | noon - 12:30 p.m., EST

Objectives:

1. Clarify burnout and identify early warning signs
2. Recognize practical prevention and recovery skills
3. Explore special considerations for the healthcare community

All caregivers are welcome to attend this presentation.