



WELLNESS INSIDER

# Cultivating a Healing Presence in Turbulent Times

Wednesday, June 7, 2023

**Speaker:** Param Srikantia, PhD

**Location:** Attend virtually at [cemployeewellness.com/wellness-insider](https://cemployeewellness.com/wellness-insider)

**Time:** 12 to 1 p.m.

- Objectives:**
1. Explore 10 awakenings from Eastern and Western traditions that can empower healthcare professionals to be a healing presence.
  2. Learn how both conscious and unconscious patterns can facilitate or hinder our well-being.
  3. Discover the emerging frontiers of “consciousness-based transformation” and how it is shaping the approach to personal effectiveness.

Watch live at [cemployeewellness.com/wellness-insider](https://cemployeewellness.com/wellness-insider)

*All caregivers are welcome to attend this presentation.*