



Silent Struggles: Understanding and Addressing Substance Use Disorder in Young Adults

Speaker: Jennifer McClellan Johnson, MBA, MSSA, LISW-S

Location: Virtual | ccemployeewellness.com/wellness-insider

Wednesday, September 3 | noon - 1 p.m., EST

Objectives:

1. Define Substance Use Disorder (SUD) and explain how it uniquely affects young adults ages 18–25, including identifying commonly used substances and current trends.
2. Identify risk factors, early warning signs and evidence based early interventions.
3. Explore the importance of reducing stigma and supporting recovery.
4. Share community resources available to support individuals and families impacted by SUD.

All caregivers are welcome to attend this presentation.