



Create a Budget, Ditch Your Debt and Start Building for the Future

Speaker: Trevor Valentine, CRPC

Location: Virtual | ccemployeewellness.com/wellness-insider

Wednesday, January 7 | noon - 1 p.m., EST

Objectives:

- 1. Review the steps to create a personal budget.
- 2. Discover strategies to build an emergency savings account.
- 3. Explore effective ways to manage debt.
- 4. Discuss approaches to saving and affording retirement.

All caregivers are welcome to attend this presentation.